

Teen **CONTACT** Conference invites you to **talk** over the most prevalent **issues** that **today's teens** face and gives you the tools to **connect** with a **teen in crisis!**

Do you work with teens? Are you the parent of a teen? Well, this conference is for you! Join professionals from all fields as they share proven techniques for guiding teens from the breaking point to the turning point.

Are they listening? How do I begin the conversation? These are questions that many of us ask. You'll find good, practical answers at the 3rd Annual Teen CONTACT Conference, hosted by CONTACT Crisis Line.

This affordable one-day conference is for counselors, parents, educators, community youth leaders, clinicians, and anyone who works with teens.

3 Ways to Register:

ONLINE

Visit www.contactcrisisline.org for Teen CONTACT Conference and Registration Form

FAX

Complete form and send it to:
(972) 233-2427
Attention: Maria Espinosa

MAIL

Complete and mail form to:
CONTACT Crisis Line
PO Box 800742
Dallas, Texas 75380-2427
Attention: Maria Espinosa

Scholarships

Counselor, educator and parent scholarships are available to cover the registration fee.

For information visit www.contactcrisisline.org or contact Maria Espinosa at mepinosa@contactcrisisline.org or at (972) 233-0866 ext. 320.

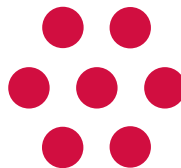
CEU Credits

Provided through CONTACT Crisis Line, a 24-hour crisis help line serving the Dallas/Ft. Worth Metroplex for more than 40 years. A total of 4.5 CEU credits will be available for attending the conference.



In March 2007, **CONTACT** Crisis Line celebrated 40 uninterrupted years of providing free, immediate and confidential 24-hour one-on-one telephone crisis intervention and referral services by specially trained, empathetic crisis line specialists for individuals struggling with feelings of isolation, desperation, confusion, fear and loneliness, among other things.

Recognizing the difficult issues and problems confronting today's youth, **CONTACT** has two dedicated crisis lines to serve teens. Established by **CONTACT** Crisis Line in 1986, **Teen CONTACT** has directly reached 7,142 teenagers and adults through its Gatekeeper training, various specific topic presentations, school fairs and special events in schools, community centers and churches.



CONTACT is a non-profit 501(c)(3) organization committed to serving teens to seniors facing daily life challenges. Through 24-hour free confidential listening, comfort and a connection to resources, education, and emergency assistance, CONTACT gives people the ability to take back control of their lives.

Adult Help Line: (972) 233-2233

Teen Help Line: (972) 233-TEEN

Spanish Help Line: (972) 233-2428 *limited hours

Friday: 6:00 p.m.-10:00 p.m.

Saturday: 11:00 a.m.-3:00 p.m.

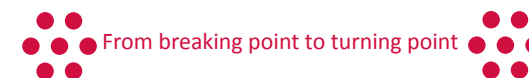
We're not here to judge. We're here to listen.

3rd Annual Teen CONTACT Conference



CONNECTING
WITH TEENS IN CRISIS

*What to say.
When to take action.
How to help.*



From breaking point to turning point

Tuesday, January 26, 2010

8:30 am – 3:00 p.m.

Center for Community Cooperation
2900 Live Oak
Dallas, Texas 75204

REGISTER NOW
CEU Credits Available

8:30 a.m.- 9:00 a.m.	Registration & Continental Breakfast		
9:00 a.m. - 9:45 a.m.	The Reset Button in the Teenage Brain <i>Shaping the Teen in Front of You</i> Karen Williams, MSSW <i>Rainbow Days</i> What goes on inside the teenage brain and why does it cause such bizarre behavior? Find out what happens when the brain shifts gears from the first 12 years of childhood to the teen years.		
10:00 a.m. - 11:00 a.m.	1 Hope for Hopeless Teens <i>Helping Teens Who Hit Rock Bottom Climb Back Up</i> Dr. Harriet Boorhem <i>President, Promise House</i> Practical information and proven principles for leading teens in crisis to a place of safety, self-respect, and hope for the future.	2 F2F / Face to Face <i>A Look Inside the Techno World of Teens</i> Missy Wall, MSW, M.Div. <i>Director, Teen CONTACT Program</i> <i>CONTACT Crisis Line</i> Interactive session on issues of teen life today, including resources, group challenge activities, and useful ideas.	3 Crossing The Line <i>Equipping Teens to Cope, Not Crash</i> Karen Williams, MSSW <i>Rainbow Days</i> Learn how to help instill in teens the life and coping skills for navigating the risks they confront on a daily basis.
11:15 a.m. - 12:15 p.m.	4 Home: Haven or Hell? <i>How Family Dynamics Shape a Teen's Life</i> Kim Humphries, LMSW, ACSW <i>Humphries & Associates</i> How a teen's home situation can contribute to a crisis and how you can help teens and families work through it.	5 I Don't Have Time to Listen! <i>CONTACT's Basic Training on the Crisis Line Model</i> Thomas Hutter <i>Director, Volunteer Services</i> <i>CONTACT Crisis Line</i> Communication skills for every relationship, including self-esteem enhancement and rapport-building methods.	6 Gatekeeper <i>The Journey through Crisis, Stress, Teen Depression and Suicide</i> Caroline Cumbie <i>Assistant Director, Teen CONTACT Program</i> <i>CONTACT Crisis Line</i> Learn to recognize and respond to teens showing signs of crisis, stress, depression or suicidal thoughts.
12:30 p.m.- 1:30 p.m.	Turning Points <i>Stories of teens in crisis and the turning points that made the difference</i>		
1:45 p.m. - 2:45 p.m.	7 What We Know About Teen Depression and Suicidality <i>The Latest Research on What Works</i> Betsy Kennard, Psy.D. <i>Pediatric Psychiatry Research Program</i> <i>University of Texas Southwestern Medical Center</i> A landmark study aimed at reducing teen suicide offers new insight into effective treatment strategies.	8 Mad at the World: <i>Understanding Anger in Adolescence</i> Charlotte Haley, Ph.D. <i>Postdoctoral Fellow, Child and Adolescent Psychiatry</i> <i>University of Texas Southwestern Medical Center</i> How to help teens identify and manage their anger issues, and how adults can respond effectively and not overreact to confrontational behavior.	9 Connecting the Dots <i>Accessing and Navigating the Continuum of Care</i> Marco Galvan, M.Ed. <i>Call Center Manager</i> <i>CONTACT Crisis Line</i> Introduction to the mental health direct service providers, specialized information and referral providers in the DFW area.

REGISTRATION FORM

Talk to Me: Connecting with Teens In Crisis • 01-26-2010

Name _____

Organization: _____

Address _____

City/State _____ Zip _____

E-mail: _____

Phone _____

Indicate your first and second choice for each session:

SESSION 1: 10:00 a.m.

1st choice 1 2 3

2nd choice 1 2 3

SESSION 2: 11:15 a.m.

1st choice 4 5 6

2nd choice 4 5 6

SESSION 3: 1:45 p.m.

1st choice 7 8 9

2nd choice 7 8 9

YES for CEU Credits

TX DL#: _____ **Indicate state if not TX:** _____

PAYMENT

Early Bird Registration by *Monday, January 25 at 3:00 p.m.*

\$55 per person

\$40 per person in group* (minimum of five people)

On-site Registration

\$65 per person

\$55 per person in group* (minimum of five people)

*If registering a group, please attach a registration form for each person with the top section completed (need payment information on first form only).

Check enclosed for the amount of \$ _____
(Checks payable to **CONTACT Crisis Line**)

Credit Card

Master Card Visa Discover American Express

Name as on Card: _____

Card No. : _____

Exp. Date: ____/____ Signature: _____

Mail completed form to: CONTACT Crisis Line,
P. O. Box 800742, Dallas, TX 75380 **OR** Fax to: 972-233-2427